

# Paths to Staying Safe



Help Tiffy Bear find the right path to Green Bear by coloring in flowers with the correct statements.

If someone tries to take me away, I should yell, "You're not my mom!!!"

It is OK to talk to strangers online and accept presents from them.

If another kid touches me where I should not be touched I should keep it a secret.

If I get touched where I should not be touched I should tell a grownup I trust.

If someone gives me a special present and asks me to keep it a secret, I should.

If a stranger asks to take my photo I should let them to be nice.

If I get touched where I should not be touched it is NOT my fault!

If someone touches me where I should not be touched, I should keep it a secret.

It is ok to give out personal information online like my name, address, phone number or photograph.

I should never keep secrets about hugs, kisses or touches, I should always tell a grownup I trust.



# Professional Page

## Paths to Staying Safe

Education relating to child sexual abuse focuses on 3 specific themes:

1. Definition
2. Disclosure
3. Deterrents (Prevention Efforts)

**Definition:** When explaining sexual abuse to children, inform them their body is their own, no one should hug, kiss, touch or lick them where they should not be hugged, kissed, touched or licked. Usually when we talk about the part of their body that should not be touched, we are talking about the part of the body their swimsuit covers in the summertime. It is important to let children know if they get a hug or touch *anywhere* on their body they do not like or makes them feel weird, icky or gross, they can tell that person, “No!”, then tell a grownup. If a child is sexually is abused, reiterate to them it was not their fault the abuse happened.

**Disclosure** There are many adults kids can tell if they are sexually abused:

- *Adults at home*—Mom, dad, grandparents, other relatives or a neighbor they trust.
- *Adults at school*—Teacher, nurse, principal, superintendent or coach.
- *Adults in the community*—Police officer, doctor, nurse, pastor/priest, firefighter, counselor/therapist, ambulance driver or others considered mandated reporters.

**Deterrents** Although we cannot entirely prevent sexual abuse, there are many areas you can educate children regarding prevention efforts.

- *Online Safety.* Instruct children they should not communicate to anyone online they do not know personally. They should also never accept gifts from anyone online.
- *Gifts.* If someone gives a child a present, they should never keep it a secret from mom and dad. If someone asks a child to keep a secret about presents, they should tell mom and dad right away.
- *Photos.* If someone asks to take photograph of children, they should always ask permission from mom, dad or the person in charge before allowing the photograph to be taken. Photos should not be posted online until approved by mom or dad.

